

HIKES AROUND THE VILLAGE AT THE HEART OF AN EXCEPTIONAL REGION



BIRTHPLACE OF JEAN DE LA VALETTE
PARISOT

Photos: D.R.



Jean de La Valette was born in 1494 in Parisot and died in Malta in 1568. As the 49th Grand Master of the Order of Malta, he achieved fame for his resistance against the Ottomans at the siege of Malta. He founded and gave its name to the Republic of Malta.

LA BARABIE-PECH BERNOU-NEUVIALE-LE LAC



Orange circuit
Departing from "Place du Foirail", this hike follows the paths located northwest of Parisot, allowing you to discover a few localities and hamlets.
Length: 11,2 Km. Duration: 3,5h

TESSEYROLLES-SAINT ANDÉOL



Green circuit
Starting from "Place du Foirail", this hike proceeds along the paths located south of Parisot. An opportunity to come upon the church of Tesseyrolles, which once housed a La Valette-Labro family chapel, and then the parish church of Saint Andréol.
Length: 7,3 Km. Duration: 2,5h

LA ROCARIE-BOUDOURISSE-MAJAC



Black circuit
Starting from "Place du Foirail", this hike follows the paths located north of Parisot to explore several localities, with a slight incursion into the town of Puylagarde.
Length: 13,2 Km. Duration: 4h

SAINT-CLAIR-AUSSEVIEL



Blue circuit
Starting from "Place du Foirail", this hike follows the paths east of Parisot to come upon the old chapel of Saint-Clair, patron saint of the village, and later on the hamlet of Causeviel, with its nicely restored houses.
Length: 10,6 Km. Duration: 3,5h



Please scan this QR code to gain access to the various hikes.



CASTLES

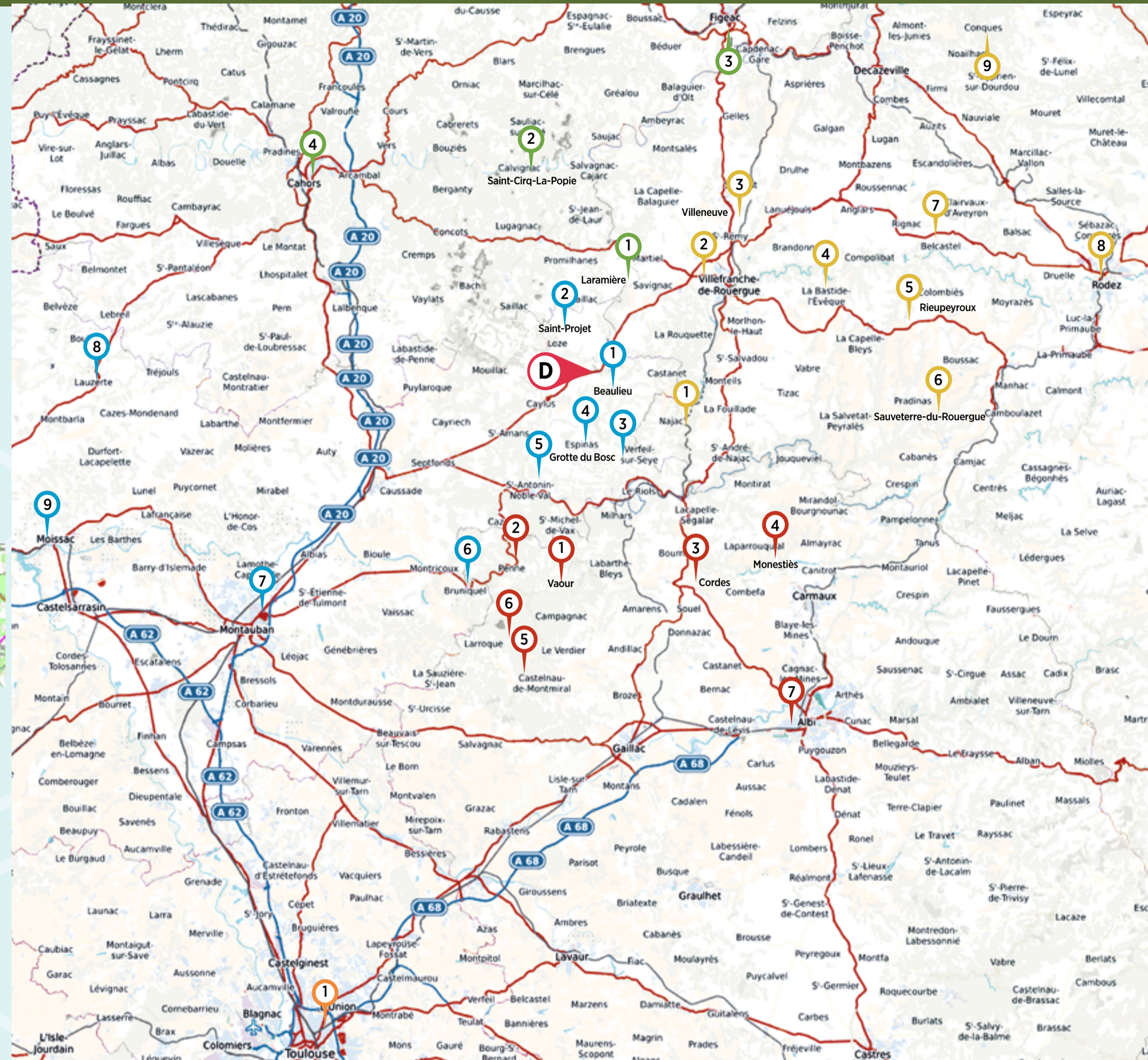


Red circuit
Starting from the "Place du Foirail", this hike follows the paths located south of Parisot, allowing you to explore the old fort and the village's three castles, originally owned by the lords of La Valette from the 15th to the 17th century.
Length: 11 Km. Duration: 3h

SAINT MARTIN-NEUVIALE



Purple circuit
Starting from the "Place du Foirail", this hike follows the paths located north of Parisot allowing you to come upon the old parish church, in the center of the cemetery, then the admirably restored church of Neuviale.
Length: 10,8 Km. Duration: 3,5h



FROM 8 MN TO 1.28 HOUR, 30 ENCOUNTERS WITH HISTORY, DEPARTING FROM PARISOT

TARN-ET-GARONNE	
1	8 MIN ABBAYE DE BEAULIEU
2	9 MIN CHÂTEAU DE SAINT-PROJET
3	15 MIN LES JARDINS DU QUERCY
4	20 MIN GROTTÉ DE BOSQ
5	22 MIN SAINT-ANTONIN
6	45 MIN CHÂTEAU DE BRUNIQUÉL
7	54 MIN MONTAUBAN
8	1H19 LAUZERTE'
9	1H19 MOISSAC

*Plus beau village de France

AVEYRON	
1	22 MIN CHÂTEAU DE NAJAC'
2	26 MIN VILLEFRANCHE-DE-ROUERQUE
3	27 MIN VILLENEUVE-D'AVEYRON
4	38 MIN LA BASTIDE-L'ÉVÊQUE
5	48 MIN RIEUPEYROUX
6	1 H 24 SAUVETERRE-DE-ROUERQUE

*Plus beau village de France

TARN	
1	36 MIN VAOUR
2	37 MIN CHÂTEAU DE PENNE'
3	38 MIN CORDES
4	46 MIN MONESTIÉS
5	55 MIN CASTELNAU-DE-MONTMIRAIL
6	57 MIN PUYCELSI'
7	1 H 06 ALBI

*Village et vieux château
*Plus beau village de France

LOT	
1	13 MIN PRIEURÉ DE LARAMIÈRE
2	50 MIN SAINT-CIRQ-LAPOPPIE'
3	54 MIN FIGEAC
4	1 H 07 CAHORS

*Plus beau village de France

AVEYRON	
7	52 MIN BELCASTEL'
8	1 H 13 RODEZ, MUSÉE SOULAGES
9	1 H 24 ABBAYE DE CONQUES

*Plus beau village de France

HAUTE-GARONNE	
1	1 H 28 TOULOUSE'


*Musée de l'Air et de l'Espace

COTTAGES & GUEST HOUSES


A RICH HERITAGE

LOCAL PRODUCTS


LE COUTILLARD
1 Cottage (3 adults, 2 children), 3 trailers, a chalet, swimming pool
06 32 13 53 12
Web: lecoutillard.com




LE FENIL DE LA DEVÈZE
Cottage 4 to 8 people, swimming pool
06 87 19 23 85
Web: cheztetio.wordpress.com




GÎTE DE LEYMOU/COTTAGE
2 guestrooms for 3 people
Stopover lodge 8 people, swimming pool
06 81 78 02 71/06 15 75 42 50
Web: centrequestre-najac.com



GÎTE DE LA BARABIE/COTTAGE ***
Cottage for 8 people, swimming pool
06 79 88 12 67/05 63 31 86 93




GÎTE DU MAS DE MARTEL/COTTAGE
Cottage for 6 people, swimming pool
05 63 27 25 64
Web: gitedumasdemartel.com




LA MAISON VIEILLE VENTAUJOLS/OLD HOUSE ***
House for 8 people, swimming pool
07 83 06 77 57
Web: lamaisonvieille.com




LE MAS DE CARRIÉ
Cottage for 5 people, 2 guest rooms
06 37 10 89 24
Web: masdecarrie.com




MAS DE CAZES
Cottage for 10 people, natural swimming pool
06 17 54 81 78
Web: masdecazes.com




COUVENT DE NEUVIALE 🏰
4 guest rooms, swimming pool
05 63 24 29 90
Web: lecouventdeneuviale.fr




L'OUSTAL DE MOREAU ****
Cottage for 4 people, swimming pool
06 35 92 59 31
06 03 87 30 44



QUERCY DE LA PIERRE ***
Cottage for 5-6 people, swimming pool
06 66 98 37 47/06 76 25 26 82
Web: quercy-de-la-pierre.com



LA RIVIÈRE PARISOT
2 houses for 8 and 4 people, swimming pool
09 61 63 15 24
Web: lariviere-parisot.com




CHÂTEAU DE L'ASTORGUIÉ

Remarkably restored, this castle built around 1500 for Jean de la Valette-Labro, Knight of Rhodes, is located south of the village. An outer circular stair tower flanks the front elevation, another tower occupies the northeast corner. The park at the foot of the castle was once dedicated to the cultivation of the centifolia rose, a.k.a the May rose, used for the manufacture of the rose water perfume.



CHÂTEAU DE CORNUSSON

With its entrance pavilions, terraces and moats, the building is listed and is undergoing restoration work. It was entirely rebuilt by the La Valette family at the end of the 16th century and the very beginning of the 17th century. It was then redesigned in the 18th and 19th centuries, in particular the south wing. The castle retains top quality decors dating from the time of its construction, in particular the monumental fireplaces on the ground floor and upstairs, as well as painted ceilings and murals which are still visible.



SAINT-CLAIR CHURCH
Patron saint of Parisot, Saint-Clair, bishop and martyr, was celebrated with a mass on the first Sunday of June.



SAINT-MARTIN CHURCH
Located in the middle of the cemetery, the original village church lost its parochial status at the end of the 14th century.



NEUVIALE CHURCH
Enlarged in 1810, the parish was restored thanks to the efforts of an association of volunteers.



SAINT-ANDÉOL CHURCH
Once associated with the l'Astorguié castle as a Lavalette-Labro funeral chapel it was elevated as a parish church in the middle of the 15th century.



TESSEYRROLLES CHURCH
Mentioned as early as 961, it was rebuilt after the Hundred Years' war as a parish. The side chapel housing the La Valette-Labro graves is in ruins.

TABLES

AUBERGE DE LA CASTILLE

1, route d'Albi, 05 63 24 02 14

Local and fresh products cooked with original accompaniments. Aligot, lamb from the Causses region, terrine or pan-fried foie gras. Terrace overlooking the valley.



FOURCHETTES & CIE

1, place du Foirail, 05 63 64 05 41

Warm welcome, entirely homemade cuisine, authentic and tasty. The vegan burger is a treat. Pleasant terrace.



LA MAISON CAFÉ BAR

4, place du Foirail, 05 63 31 59 75

A convivial bar ideally located, with concerts and jam sessions every month. Takeaway sales.



LES PIZZAS DE BRUNO

Place du Foirail, 06 40 52 16 81

Marguerita, four seasons,... Friday night take-out pizzas.



AND A LEISURE PARK

Photo Daniel Vidal



From mid-July to the end of August, Lake Parisot offers a swimming area supervised by a lifeguard, inflatable games on the water and out of the water as well as a fishing area. **The campsite** offers a wide choice with affordable prices, 5 mobile homes (from 2 to 6 people) and a chalet for 2 to 4 people on individual and private pitches, each with its own terrace and its own courtyard. 26 pitches for tents, caravans and motorhomes are also available. Toilets, showers, sinks, disabled shower and toilet are available. Campsite guests enjoy the exclusive use of a swimming pool from June 1 to September 30. 06 17 39 98 26

A guinguette that describes itself as sparkling, bucolic, and family-friendly, «**Les poissons volants**» is open from noon, seven days a week in July and August. Off season, on weekends. 07 57 06 37 28



Thanks to a playful educational signage, «**Roger le Brochet**» invites you to discover the lake's fauna and flora.

Photos: D.R.